

Klan-destine evening



ALMAR WALTER, left, stands with Daryl Davis holding the Ku Klux Klan hood and robe Davis owns. Davis told the story of how he came to own the robe and entertained students with music as a part of UF Diversity Week. Next week the Pulse will carry a story about the Pulse/ICS diversity forum that kicked off Diversity Week.

Pulse photo by Heather Strooh

Counting the cost: New monitoring software to check up on printing

by **Timothy W. Warner**
Pulse Editor

On Jan. 8, The University of Findlay will implement software requiring students to login before their print jobs will be processed on network printers. This will allow the school to closely monitor the total number of pages printed from each UFnet account.

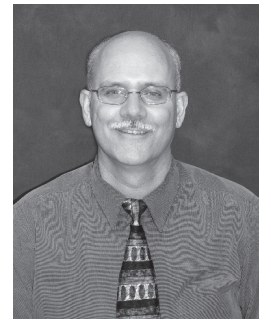
The software, known as Pcounter, is being installed to reduce excessive printing on campus, keeping paper from flooding computer lab recycle bins and helping to lower printing costs for everyone. The annual cost to purchase paper at UF is estimated to be approximately \$20,160, not including the cost of repairing or replacing printers and toners.

"Recently, over 90,000 pages were printed from printers in the Main 116 computer lab over the course of a single week," said Scott Walthour, UF information technology officer. "That figure tops 100,000 pages when combined with printing from the Main 215 computer lab during the same period. The amount of wasted printing in UF computer labs is staggering."

As they've researched the use of Pcounter, ITS staff has attempted to calculate printer

use (and abuse).

During the 36-week academic year, there are 3.6 million pages printed in the Main 215 and 116 computer labs alone. During the rest of the year, the labs see about 640,000 pages printed.



Scott Walthour

The total number of printed pages is 4.24 million in these labs.

This is a big number; so to put a visual to it, consider this. If all these sheets of paper were placed end to end it would cover 574 football fields. That amount of paper, laid end to end, could also make a trail from Findlay to Hartford, Conn.

A portion of the reason for this increased monitoring off on campus printing is to help keep student costs down.

Currently, all full-time UF undergraduate students pay an annual \$265 technology fee. Part-time students pay an annual \$60 technology fee, and

See **PRINT**, page 7

Life in Findlay's service sector is hard, unstable; students often suffer

by **Angie Darr**
Staff Writer

This is the first our four articles examining life in the restaurant business of Findlay.

Lela Fausze, 23, native of Findlay, knows the glitz, glamour, and gory (minus the 'l') of the "biz."

Raised in a restaurant, Fausze's mother was a manager at the Red Lobster in Findlay for 25 years. When Fausze headed off to college at The Ohio State University, the biz was her first choice for employment.

"It's what I've known my whole life," she said.

It's what a lot of college stu-

dents know. College is enough of a battle in and of itself. But in order to handle the financial burdens for the privilege of taking exams, writing 10-page papers and internships, many have to try to hold a stable job too.

A part-time job in customer service practically goes hand-in-hand with the college experience. Anywhere that requires a smile as part of their uniform, a college student will be there.

When serving in Findlay, however, the overly saturated number of restaurants creates a high stakes gamble for students who rely on stability in a highly competitive and unstable business.

When Fausze's mom unexpectedly lost her job, she couldn't help pay Lela's school bills, forcing her to leave school.

"I didn't have the credit to get my own loans and definitely couldn't afford school off of what I made," she recalls.

Instead of giving up her education completely though,

See **LIFE**, page 5

Think you're sleeping alone? You may not be as bedbugs come back

by **Kelly Gadd**
Staff Writer

They attack at night when you are asleep, and they are out for blood. So good night. Sleep tight. Don't let the bedbugs bite.

Literally.

Decades after they all but disappeared from the United States, bed bugs are making a come back. Rumors of a small bed bug infestation in a men's dorm at the University earlier in the semester were apparently untrue—or at least have not been reported, according to Brian

Bedbugs? No worry. Find out what's in your pillow, page 5

The Flip Side Despite competitiveness one man thinks he can beat odds

by **Angie Darr**
Staff Writer

The National Restaurant Association estimates there are 925,000 restaurant locations to choose from for your dining pleasure.

The Ohio Restaurant Association says there are 20,362 eating and drinking places in Ohio alone. Of that 20,362, there are 112 restaurants in Findlay. Dizzy yet? Consider the turnover rate of full-service restaurants in

Findlay—which happens to be just a little under half of all full-service restaurants—and that's quite a bite to chew.

So based on this relatively dismal picture, why would anyone consider opening a restaurant in town?


"I think Findlay's a great market to start a restaurant in," Michael Bulkowski said.

Bulkowski has opened Findlay's newest restaurant—open

See **ODDS**, page 5

Sleep tight... don't let the bed bugs bite!

Size: Large adults can grow to 1/4 inch
Shape: Round and flat, six legs
Color: Nearly white (as it grows) to reddish brown (after a blood meal)



- Bedbugs hide in small openings, luggage, furniture, clothing, mattresses and pillows.
- Bedbugs survive on small drops of blood taken from humans and animals while they sleep.
- Bedbugs can survive for months without feeding and can live in places that are cleaned well.
- Look for small brown spots on mattresses and furniture; small bedbug skins that have been shed.
- Application of spray pesticides are effective in eliminating bedbugs. Traps or gel pesticides are not.

Source Picture: Google
Source Text: Harvard University

Treece, director of student housing.

But bedbugs are around, and they have already visited Findlay a time or two.

Pulse graphic by Erin Puthoff Don Pierson, the environmental health director for the Findlay Health Department,

See **SLEEP**, page 5

CampusCalendar

Thursday, November 30

Toys for Tots Collection 8 a.m.-4:30 p.m. AMU Outside Student Activities
 Coats for Christmas Drop off boxes located in AMU lounge, WTS 1st floor lobby, Old Main lobby, and Davis Street Building Lobby Compact, Alpha Sigma Phi, and Physical Therapy Organization
 Senior Salute 10 a.m.-2 p.m. and 4-6 p.m. AMU South MPR
 Deck the Trees 11 a.m.-2 p.m. AMU Lounge sponsored by PRSSA
 Developing a Spending Plan. Part of UF Saves/Your \$ Matters 12-1 p.m. AMU North MPR
 Student TLTC "How to Browse the Internet Safely and Securely" 3:30 p.m. TLTC 002
 Habitat for Humanity Meeting 5:30 p.m. AMU Endly Room
 Piano Recital 7 p.m. Ritz Auditorium
 Developing a Spending Plan. Part of UF Saves/Your \$ Matters 7-8 p.m. AMU North MPR
 Martial Arts 8 p.m. FRC Mac
 Tae-Kwon Do 9 p.m. FRC Mac
 Thursday Nite Live 9:30 p.m. WTS TLB

Friday, December 1

Toys for Tots Collection 8 a.m.-4:30 p.m. AMU Outside Student Activities
 Coats for Christmas Drop off boxes located in AMU lounge, WTS 1st floor lobby, Old Main lobby, and Davis Street Building Lobby
 M and W Swimming and Diving (A) Eastern Michigan Invitational 3:30 p.m.
 CPB Christmas Party-Last Passport Event 8-10 p.m. AMU Atrium, Lounge, MPR
 Movie Night: "Matrix Marathon" 9 p.m. Brewer Planetarium sponsored by Physics Club

Saturday, December 2

English IHSA (A) Cazenovia College TBA
 M and W Swimming and Diving (A) Calvin College Diving Invite TBA
 Wrestling (A) Wisconsin Open 10 a.m.
 M and W Indoor Track and Field (H) Oiler Opener 11 a.m.
 W Basketball (H) Northern Michigan University 1 p.m.
 M Basketball (H) Northern Michigan University 3 p.m.
 Crossfire Worship 7 p.m. WTS TLB

Sunday, December 3

English IHSA (A) Cazenovia College TBA
 Band Concert 3 p.m. WTS TLB
 SGA Meeting 6 p.m. Malcolm Lecture Hall

Monday, December 4

Toys for Tots Collection 8 a.m.-4:30 p.m. AMU Outside Student Activities Sponsored by Student Activities and Commuter Student Services
 Accounting Club Meeting 5:30 p.m. Main 305
 W JV Basketball (A) Ohio Northern University 7 p.m.
 Physical Therapy Organization Meeting 8:30 p.m. BCHS 100
 Psy-Key Club Meeting 9 p.m. Malcolm Dining Room
 Greek Council Meeting 9 p.m. Frost Malcolm
 SAAC Meeting 9:15 p.m. FRC 105
 Criminal Justice/Forensics Meeting 9:15 p.m. Main 213
 CPB Meeting 9:30 p.m. AMU Endly

Due to the nature of this information, activity times, dates and places are subject to change. Source: Sandy Saunders

>>>newsBRIEFS<<<

Historic Blank Lantern Ceremony Coming on Dec. 6

The Alpha Sigma Phi fraternity will enact the Black Lantern Processional beginning at 8:45 p.m. on Wednesday, Dec. 6. The processional will begin at the Alpha Sigma Phi house, 336 Howard St., and march to the flag pole in front of Old Main.

This ceremony dates to the early years of American education. It was first performed at Yale University in the mid-1800s.

Members march in silence, wear dark robes and carry a Diogenes Lantern (the lantern is named for the kind of light carried by Greek philosopher Diogenes in his search for an honest man).

The manner of the processional is passed down from the early days at Yale when members of the fraternity marched to various student residences to announce to candidates that they had been selected for membership. The new member was placed into the line of the march, and then taken to the Fraternity's rooms for his first meeting.

This solemn ceremony is carried out on campuses throughout America where Alpha Sigma Phi has chapters. It is used today as a memorial for deceased brothers, to commemorate the Fraternity's or chapter's founding, and to welcome new members.

The brotherhood wishes to stress that this fraternity ritual has no racial overtones and is not in any way related to any supremacist organization.

The University of Findlay community is invited to watch the ceremony. Those watching are asked to respect the solemnity of the ceremony.

Health Center has Pneumonia Vaccine Available Now

The Health Center has the pneumonia vaccine (Pneumovax). It is recommended for anyone over fifty years of age and especially high risk people. Revaccination is recommended every five years for those at high risk for lung infections. The cost is \$30. Please call the Health Center for an appointment at x4550.

Counseling Services Offering Support Groups for Students

Counseling Services is currently offering support groups to help with stress management, grief/loss and anxiety issues.

Groups will be offered based on student interest. Meeting times will be determined according to students' schedules.

Interested persons should call x4526 to register.

Never before offered study and cultural trip planned for June 2007

The University of Findlay Study Abroad Program is offering a unique, once-in-a-lifetime experience to study in India during the summer of 2007.

Those taking part will be able to enjoy a lecture and guided tour of Dakshinachitra, an exciting cross-cultural living museum of art, architecture, lifestyles, and crafts of India; visit San Thome Basilica, where the tomb of the Christian apostle Thomas is located, and much more.

The trip departs from Detroit on Monday, June 4 and returns to the United States on Friday, June 15.

Academic credit is available for graduate and undergraduate students.

For pricing options and to learn more about early enrollment discounts, please contact Nabarun Ghose at x4455.

Space is limited and the early enrollment deadline is Nov. 25.

Working on Your Weight? Cosiano May Have the Answer

The Cosiano Health Center has started its "Weight Healthy" clinic for Faculty and Staff.

With the use of the new equipment they have on hand, they will help any faculty or staff member achieve a healthy weight.

For an appointment and information you will need to take part in this program please call x4550.

Christmas on Campus to be Sponsored by the Hospitality Management Club; Goal is Give Needy Youth a Happy Christmas

The Hospitality Management Club at UF will sponsor Christmas on Campus from 2 to 4 p.m., Dec. 3. The event will be held in the AMU.

HMC--along with the Marketing Club, SIFE and the Theatre Department, will have Christmas for needy children from three different schools in Findlay. The goal is to provide them with a fun-filled day of Christmas activity.

Among the activities that will be held are cookie and ornament decorating, pictures with Santa, a play/skit by members of the theatre department, and the unwrapping of gifts.

If you would like to learn about this event--or donate a gift--please contact Lawrence Buckman, president of the hospitality management club, at buckmanl@findlay.edu.

Coats Being Collected for Kids by Campus Compact, the Physical Therapy Organization and Alpha Sigma Phi

The University of Findlay Physical Therapy Organization, Alpha Sigma Phi and Campus Compact will be participating in the Coats for Christmas drive around the city of Findlay this year.

New and used coats, new mittens or gloves, new hats and monetary contributions will be collected around through Friday, Dec. 1.

Collection boxes will be located in the AMU, the lobby of Old Main, WTS first floor lobby, and the Davis Street building. Please bring all items to one of these locations.

Checks should be made payable to The University of Findlay and sent to Crystal Jones, director of Campus Compact, through campus mail.

Please contact Jones at x6671 with questions.

Senior Salute Will be Held in the MPR Today

Senior Salute will be held in the AMU, South Multipurpose Room Thursday, Nov. 30 from 10 a.m. to 2 p.m. and 4 p.m. to 6 p.m.

This is the time to pick up ordered caps and gowns and to finalize all details for graduation.

If you have any questions feel free to contact Nancy Leatherman x4553 or Kristi Kleatsch x4166.

Computer Competency Exams are Set Through April

The Computer Science Program will have its computer competency tests on Sunday, Jan. 7 from 6 to 8 p.m. in Main 309.

Students can register for the test by stopping by the Computer Science House at 1104 N. Cory or by emailing Betty Davidson at b davidson@findlay.edu.

Other exam dates and places are Saturday, March 17 from 10 a.m. to noon in BCHS 107; Monday, April 23 from 6 to 8 p.m. on Main 309 and Friday, April 27 from 10 a.m. to noon in Main 309.

See yourself in pictures? Get a copy of it from the Pulse

If you see a picture in any issue of the *Pulse*, you can request an electronic copy from us free of charge.

We shoot photos digitally and in color, though we print them in black and white.

If you request a photo please provide the page and issue number.

Send requests to pulse@findlay.edu.

Staff Editorial

Thanksgiving is over; now it's our turn to give thanks

Earlier this month we spoke in this space about the debate that goes on within all media outlets—the debate about how relevant the media is to its market.

In order to learn how relevant the *Pulse* is to campus (and our brothers and sisters at WLFC as well) two public relations classes have fashioned surveys to assess how well we do in serving you. We also want to know how we can improve.

These surveys closed just before Thanksgiving break and we have received a great response. We thank you for it.

We will report more fully on the findings next semester (after the classes that generated the survey have the opportunity to fully examine the findings). Overall we received a response rate just south of 20 percent from the student body and a bit less than 30 percent from faculty, staff and administrators.

Both are excellent numbers for an online survey. We will also be able to report these findings with a five percent margin of error, which is what we were hoping for.

And since we're just past the Thanksgiving holiday and heading toward the end of the semester, we would like to thank you for a few things:

- **Thank you for the feedback.** The raves and rebuffs that you have provided have been greatly appreciated. As student reporters, we are told (so our adviser says) that it is important that we learn to handle criticism well. We, of course, are partial to the compliments though.

- **Thank you for considering the *Pulse* as an outlet for your news.** The last several weeks have been very challenging for us because we have had more news than space to print it.

- **Thank you for the news tips.** Solid tips and information are the lifeblood of a newspaper. (Incidentally thanks for the many inquiries into the identities of Warner's Seven Dwarfs. But discretion is always advisable for a journalist.)

The next issue of the *Pulse* will be an attempt to see how the paper looks with some color photos. One of the things the survey showed was that students would like to see this, faculty and staff were less interested in color.

So we'll give it a try. Please look the issue over and let us know what you think.

We always welcome your feedback because it is your newspaper, after all.



What the world would be like if UF added COCA to COLA and other colleges here

All UF faculty, staff, and students take notice. The University is in the midst of creating a new College of Conservative Arts (COCA) that will join the College of Education, College of Sciences, College of Business, College of Health Professions, and College of Liberal Arts.

Okay, the school is not really doing this. But if it were, here's what it would entail.

First, we'd have to develop a purpose statement for COCA. Here's a draft: The purpose of COCA is to obliterate liberal thought and the process of free speech and thinking on The University of Findlay campus. Then work to label liberals as un-American, antipatriotic and antiGod because we tend to be antiwar, and support abortion, same sex marriage and embryonic stem cell research.

Of course, this is one area where UF is already pretty good. So not much new would occur here between COCA and UF's other colleges.

Second, we have to consider COCA's search for leadership and faculty. The Dean of this newly formed College could be Rev. Ted Haggard from Colorado. He fits the profile, he's male and he is presently out of job. (Females are not permitted to apply because we want to remain consistent with the notion that white men currently hold most administrative jobs at UF.)

COCA would also need a Fulbright Scholar-in-Residence. This could be filled by former U.S. Defense Secretary Donald Rumsfeld. Rummy would also be hired because he is also out of a job and is a white male.

COCA would have no problem with obtaining faculty. I recommend we allow the Seven Dwarfs to take a sabbatical and teach in the newly formed College. Adjuncts could fill-in for the Seven Dwarfs while on leave.

The rationale for the Dwarfs coming aboard flows from the notion that they could most easily apply the purpose of COCA (see above) because they already have expertise in obliterating liberal thought and the

process of free speech and thinking here at UF.

Third, we have to consider course content, financial aid, technology, internship opportunities, and selling points of COCA. Course content would include religion and philosophy courses because they "double dip" in the general education requirements at UF.

Additionally, students would be taught that George W. Bush can walk on water, turn water into wine, and can feed 5,000 people at one sitting with just a loaf of bread and a fish. And, of course, your final grade would depend upon how you answered the question on the final exam, "Do you love or hate Hillary Rodham Clinton?"

Tom Noe would handle financial aid because of his professional expertise with numbers and how to manipulate the system. Technology would be handled by former U.S. Rep. Mark Foley because of his professional expertise with email and instant messaging capabilities.

Furthermore, our White House internship coordinator would be no other than disgraced lobbyist Jack Abramoff because of his professional expertise in getting people into the Bush White House. Students would learn how to make a deal in order to avoid excessive time in federal prison so they can spend six years in a minimal federal prison.

For internship credit, students can sign up for a course taught by "Little George" titled, "How to Steal Presidential Elections by Making Sure all of Your Daddy's Appointees on the U.S. Supreme Court Vote in Your Favor as Opposed to that of Your Opponent."

The selling points of COCA would include professors who are able to harass and intimidate students who challenge their ideology. In addition they can freely use fear tactics, intimidation, brainwashing, abuse, slander, intolerance, racism, chauvinism, bigotry, fanaticism, and prejudice, all toward liberal-minded students.

Lastly, the first graduating class of COCA would have the unique opportunity to hear Massachusetts Sen. John Kerry give the commencement address in Koehler and get some great advice on their future—probably the greatest advice you will ever hear.

"You know education, if you make the most of it, you study hard, you do your homework, and you make an effort to be smart, you can do well," Kerry would say. "If you don't, you get stuck in Iraq."

Finally, some advice we can all agree on. *Timothy Warner is editor of the Pulse. He can be reached at warnert@findlay.edu.*



Tim Warner
Pulse Editor



thePulse

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The Perspectives page runs as often as there is sufficient content. It is for students, faculty, staff, administrators, and on occasion those off-campus to set forth their views about campus, city, state, national or world issues. Please send submissions by noon Sunday to pulse@findlay.edu.

As work piles up at semester's end there is a remedy to ease the stress

Work smarter, take breaks, have fun

While the sights and sounds of the upcoming holiday season may be everywhere we turn, most college students may find them hard to appreciate with the mounting stress that goes along with preparing for finals week.

After all, it is easy for late night cram sessions, study groups, long hours at the library and even test anxiety to bring on large amounts of stress.

So exactly what is stress anyway? In simple terms it is anything that stimulates and increases our level of alertness.

Each one of us perceives stress and copes with stress in different ways. An event or situation that may be comfortable for one student, perhaps even exciting, may push another student to the edge. It is as though we each have a threshold for stress, and when our personal stress threshold is crossed it can have negative physical and emotional effects.

Some common physical and emotional effects that students may experience indicating they may have crossed their stress threshold include: irritability, depression, pounding heart, an overpowering urge to cry or run and hide, inability to concentrate, frequent fatigue, insomnia, high-risk alcohol use, and emotional tension.

Stress management is a way

to maintain a comfortable level of stress that is healthy and can even increase your chances of performing well under the pressure of finals week. Here are some options to consider:

- **Get Moving**—Go for a walk around the block or tackle a few flights of stairs in the residence halls. Exercise circulates mood-elevating endorphins in your body and can give you the boost you may need to finish that big project.

- **Take A Breath**—One of the body's automatic responses to stress is rapid breathing. This can be reversed by doing deep breathing exercises. Sit up straight, inhale slowly and deeply through your nose, letting your stomach expand as much as possible. Hold your breath for a few seconds.

- **Exhale very slowly** through your mouth. Repeat this cycle three to four times. It's a fast and easy technique to use during study time and during an exam.

- **Avoid the Junk**—Carbs, proteins, fats and vitamins are all useful in times of stress to increase energy, concentration and emotional well being. B vitamins are often depleted in times of stress which can cause irritability,

lethargy and depression. Stress can also lower the immune system, so eating well during times of high stress becomes even more important.

- **Laugh The Stress Away**—Laughter can lower both blood pressure, heart rate and reduce muscle tension while at the same time strengthening our immune response. Take periodic breaks to read the comics, watch a funny show or talk with a friend who can always make you laugh.

- **Talk About It**—Often times it helps to share your concerns and worries with a trusted person.

Another person can help you see a new option or validate your situation. Letting others know you may be struggling with the demands of school and stress is not admitting defeat; it's admitting you're an intelligent person who knows how to seek out help.

The bottom line is that while finals are a major part of your overall grade, it can be detrimental to let the stress of finals overwhelm you.

Take the time to try some of these techniques and relax, you will discover that you will perform better come exam time.

Counseling Services is always available to help with dealing with stress or other issues at x4526. Ginny Williams is the assistant director of counseling services. She can be reached at gwilliams@findlay.edu.



Ginny Williams

Biology 101: Hang in, it can open many new fields to you

Kiron Miller enjoyed her short walk from home to her morning freshman biology class.

Fall was her favorite time, watching leaves changing from green to flaming red or to amber gold, or to other countless colors she could not name.

Five minutes into her walk, she looked up at one of the billboards to say a silent "hi" to BBC (short for Betsy, the billboard cow).

As she had done for the last two months, she looked for changes on these giant "tablets of commercialism," as she put it.

A new one portrayed a handsome young man sporting a brief. Displays for the anti-aging cream and a new soft drink claiming extra oomph were still there. (Three things a girl could use sometime or the other during her life, she thought and giggled.)

This morning she wondered again why biology classes appeared so uninteresting and irrelevant. Biology, it seemed, was all about memorizing words such as myelin, mitochondria, mitosis and, it's first cousin, meiosis (why are there so many "M" words she thought).

To make matters worse, biology was offered at the crack of dawn. She reasoned that such early classes must be outlawed because her neurons liked to sleep late. She would, however, grant permission if she would get a passing grade for simply showing up on time each morning.

As though she knew the quantitative relationships between heat loss and surface area, she instinctively embraced herself when a gust of cold wind

enveloped her body.

Feeling warmer, she returned to her thoughts, now sharpened by the transient drop in body temperature.

Biology would be more exciting if colleges adopted a quiz-show approach. For example, the teacher could ask questions with the aid of incentives (like Scarlett O'Hara, she left the details for tomorrow) like: Why do cows have five (or is it six?) of them thingamajiggies on their udders?

(So if a mother cow gives birth to only one calf, she can be a surrogate mother to orphaned calves.)

Or maybe this: Why do cats have whiskers? (They make up a sensory system that warns a cat to stay away from holes in which its head might get stuck.)

The clock tower sounded as she hurried to her seat. She did not want to miss any biology words because they regularly show up on tests.

As she sat down, she recalled her teacher said biology might open doors to a vet, a med, a pharmacy, or some such school.

Sri Melethil is a professor and chair of pharmaceutical sciences. He can be reached at melethil@findlay.edu.



Sri Melethil

Elections signal the end of the free trade era, Buchanan says

Since the election, politicians and pundits have been putting their spin on the election returns.

But there is a more certain way to know what Americans voted for on Nov. 7. Look at the issues candidates in tight races ran on. And notice what they avoided.

Among the more dramatic events of this election year was one that has been little debated: The return of the trade-and-jobs issue, front and center, to American politics.

Almost no embattled Republican could be found taking the Bush line that free trade or globalization was good for America and a reason he or she should be

reelected. But in Ohio, Pennsylvania and Michigan, attacks on free trade were central elements of Democratic strategy.

"Protectionist Stance Is Gaining Clout," ran a headline inside The Wall Street Journal election eve. "Democrats Benefit by Fighting Free Trade, and Next Congress Could Face Changing Tide."

Sherrod Brown, the Democratic challenger to Ohio's GOP Sen. Mike DeWine, launched assaults on globalization and made the Bush trade deals a central feature of his campaign.

With the 2006 election, America appears to have reached the tipping point on free trade, as it has on immigration and military

intervention to promote democracy. Anxiety, and fear of jobs lost to India and China, seems a more powerful emotion than gratitude for the inexpensive goods at Wal-Mart.

So what is ahead is not difficult to predict.

The Doha Round of global trade negotiations is dead. Even if Bush cuts a deal with Europe, it will not pass the new Congress. In mid-2007, when Bush asks for renewal of his authority to negotiate trade deals, it will be amended or batted down.

But if the free-trade era is

over, what will succeed it?

A new era of economic nationalism. The new Congress will demand restoration of its traditional power to help in shaping trade policy. When the U.S. trade deficit for 2006 comes in this February, it will hit \$800 billion, pouring more fuel on the fire.

A rising spirit of nationalism is evident everywhere in this election, not simply in the economic realm. Americans are weary of sacrificing their soldiers for Iraqi democracy. They are weary of shelling out foreign aid to regimes that endlessly hector America at the United Nations.

They are tired of sacrificing

the interests of American workers on the altar of an abstraction called the Global Economy.

Other leaders in other lands look out for what they think is best for their nations and people.

China and Japan manipulate their currencies and tax policies to promote exports, cut imports and run trade surpluses at America's expense. Europeans protect their farms and farmers. Gulf Arabs and OPEC nations run an oil cartel to keep prices high and siphon off the wealth of the West.

We are in a new era, a nationalist era, and it will not be long before the voices of that era begin to be heard.

Patrick J. Buchanan

LIFE: Working in Findlay's restaurant field creates unease, uncertainty for student workers

CONTINUED from page 1

she roughed it for a time, living in Findlay, taking classes at the OSU-Lima branch and transferring from the Olive Garden she worked at in Columbus to the Olive Garden in Toledo.

The commute eventually took its toll however, and Fausze looked for a job in Findlay.

Enter Diamond River.

Hitting the Jackpot

The City of Findlay has 55 full-service restaurants (defined as restaurants where servers bring your food and beverages and are working for tips). This is great for the consumer because of the choices available.

And, to a certain degree, it is good for servers too because there are so many options for work in a city of Findlay's size.

According to information provided by the Hancock County Auditor's Office, between 2001 and 2006, approximately 41 vendor licenses were granted for new-to-town, full-service restaurants.

Of the 41 licenses granted only about 26 of these restaurants are still in business today, making for a failure rate just under 50 percent.

This is the bad part for servers and owners. There are so many options in Findlay that people find themselves barely getting by.

Just as every server hopes for when starting a new restaurant, business was great, and tips were even better, for Fausze at Diamond River.

"I couldn't believe it," she said. "There were nights I would

Fausze's hours got crazy too. As the business began to die, there wasn't a need for many servers. She started being scheduled only two or three shifts a week.

"I would work, like, one night during the week for four hours--which was a huge waste of my time--and then really late on the weekends," she said. "Of course, I always had papers due on Monday. No one was making money."

Finally, in her fourth year of study, she was forced to drop out of school again.

"I had to start working more to make ends meet, but it killed my school time so I did what I had to," she said.

Diamond River closed shortly after she left.

Today, Fausze lives just outside of Chicago. She no longer works in the "biz." She has never been able to finish college and now works as a telemarketer

"That's what it took," she said, explaining why she left Findlay. "Working in a restaurant is your best option in Findlay when you're trying to make it as a student, but that's because there really are no other options."

walk out of there with \$300."

She took her gamble and hit the jackpot.

As the seasons and tables turned though, so did employees. After only half of a year of working there, Fausze watched the head chef and general manager change, which changed the restaurant forever.

"It was ridiculous how quickly things changed," she said.

A Fatal Change

What the owners hoped would be a positive change for the restaurant fatally backfired.

With a new chef, the menu, price and overall environment changed.

Regulars became disappointed and soon stopped coming.

Fiona Hanks says, "Be kind to your server this season." See page 8.

ODDS: Despite competitive nature of restaurant business local man thinks he can buck the odds and beat high failure rate

CONTINUED from page 1

ing the doors Nov. 20 to his new restaurant, Revolver.

Bulkowski was born and raised in Findlay, and has had some great opportunities in the restaurant business.

He's worked in restaurants most of his life and decided to pursue it as a career.

"I knew I had to get out of Findlay if I wanted to move up further in the biz," he said.

Lady luck took him to Las Vegas working at one of Emeril Legasse's restaurants. This was soon followed by working at one of Wolfgang Puck's restaurants in Chicago.

This time around, he feels that moving up in the Findlay restaurant business is attainable if done right.

"The best restaurants in Findlay are the locally owned," he says.

Bulkowski plans to focus on good service and using local and organic ingredients.

"The whole thing with cooking is you're only as good as your ingredients," he states. "A good chef is the link between his ingredients and farmers."

Bulkowski wants to join the

elite few eateries that become iconic. Due to his local roots and national experience, he thinks he

can do it. Hopefully he's right. The stakes are high and the odds are long.

What's in your pillow? More than you'd expect!

There are many things in this world we don't pay attention to or think about. We don't think about why the sky is blue, what happens inside a leaf to make it turn yellow in the fall or how many hazardous substances are in your hair gel (there are really seven different substances in hair gel that are internationally recognized as hazardous to human health, yet they're still put in there).

Nor do we don't think about what lives right under our noses – or, more precisely, under our heads. I'm talking about what lives in your pillow.

The average human spends a third of his or her life asleep. Every night, we lay our head on a pillow, spending an average eight hours in close proximity to it. Have you ever thought about what else is in there, only millimeters from your face?

Recently, some researchers at the University of Manchester

wondered the same thing. They took 20 pillows, between one and a half and 20 years old, from randomly selected households and looked at what was in your pillow besides what manufacturers put there.

What the researchers found was eye-opening. Fungus, dust mites, dust mite feces, and dead skin cells saturated every pillow examined. Several thousand fungus spores were found per every gram of pillow, meaning that over a million fungal spores were in each one.

Up to 20 species of fungi were found, but the most common is called *Aspergillus fumigatus*, which is an extremely common household fungus. Normally it doesn't harm healthy people, but in immunocompromised people – people with a very weak immune system – it can aggravate asthma, allergic sinusitis and even cause disease.

Aside from the fungus, dead

SLEEP: That old saying about bedbugs? It's becoming true

CONTINUED from page 1

there have been isolated outbreaks of bed bugs in the city.

Most of these infestations have been in area hotels. Once an outbreak is reported, Pierson said, the hotel is required to stop renting the room until the Health Department is able to exterminate the critters.

Contrary to common belief, bedbug infestations are scarcely related to lack of cleanliness.

"Pristine homes, hotels, and apartments have plenty of hiding spaces and an abundance of warm-blooded hosts. Thus, they are almost as vulnerable to infestation as are places of squalor," said entomologist Michael F. Potter of the University of Kentucky College of Agriculture.

Bedbugs are not likely to transmit diseases.

For these reasons, the health department does not consider bedbugs a serious health concern, so much as a nuisance.

"They are not a health concern. However, they are disgusting and they are a potential health risk," said Pierson.

Although bed bugs are still relatively scarce in the U.S., they have maintained a strong presence in other countries on other continents. As a result, infestations are often traced back to traveling boxes or suitcases.

Unfortunately, until infestation has begun, the bugs are difficult to detect. Prevention includes avoiding buying secondhand furniture and inspecting

all used items carefully before bringing them into the home (especially if they are from overseas).

When traveling, examine bedding, and avoid putting luggage on the floor.

Prime areas for infestation are warm, dark crevices.

"Characteristically these areas are marked by dark spotting and staining, which is dried excrement of the bugs. Also, present will be eggs and eggshells, molted skins of maturing nymphs, and the bugs themselves," said Potter.

As if all of this being in your bed wasn't disgusting enough, any exposed areas of skin are susceptible to itchy bites and infection.

"Individuals with bedbug problems will have bites on their body and blood on the sheets," said Pierson.

If students believe they may have a bedbug infestation, Treece recommends immediate action.

"Contact your resident assistant or resident director, and we will take the appropriate steps with maintenance," said Treece. Professional assistance is necessary to properly exterminate.

So sleep tight, after thoroughly inspecting your bedding. And, whatever you do, don't let the bedbugs bite.

Unless they do, of course. In that case, tell your R.A.

Kelly Gadd can be reached at gaddk2@findlay.edu.

skin cells from our bodies were found. Dust mites feast on these skin cells, then defecate and leave it behind. The fungus grows from the feces, which are good sources of nutrients and nitrogen. So, within your pillow lives a small self-contained ecosystem.

Actually, in pillows that are over two years old, 10 percent of its mass is made up of fungi, dust mites, dust mite feces, and dead skin cells. Isn't that interesting? Remember that tonight when you go to sleep.

What can you do about it, though? You certainly don't want to leave that stuff there, do you? In case you are concerned, I have researched and devised a few ways to rid you of this plight.

You could leave it outside overnight, to freeze everything

living in there, then wash the pillow in water over 130° Fahrenheit to get most of it out. You could submerge your pillow in hydrogen peroxide, Lysol, or something from Henderson. You could burn your pillow and get a new one. Or, you could do nothing. Pillows have been used for thousands of years, and there have been no serious epidemics caused by pillow usage.

The researchers said that since we've been using pillows for so long, we've known about this prior to the study. And the fungi found in our pillows grow all over the home so it's not a health concern to get extremely worried about.

So, if you use a pillowcase, wash it once a week, and get a new one once the original gets old. You'll be fine . . . we think.

Sleep well.
Adam Houser can be reached at housera@findlay.edu.

Adam Houser

Men's hoops opens with three wins in four starts

Findlay 89
Texas A&M Commerce 72

In their first game of the season, the men led wire to wire in an easy win against Texas A&M Commerce in the Tartleton State Tip-off Classic in Stephenville, Texas.

What can be said about this game?

Findlay started fast, played a very crisp game and was never really challenged.

Five Oiler players ended in double digits, led by 19 from Dorian Bass and 15 from Frank Phillips.

Bass was an unstoppable force, hitting on five of six from beyond the arc.

As a team the Oilers were impressive from the floor. They connected on 18 of 33 shot attempts in the first half and were an eye-popping 15 of 22 in the second.

For the game they shot an even 60 percent.

Along with Bass and Phillips, Aaron Laflin and Brent Schnipke each chipped in 12 points and Marcus Parker came off the bench to hit for 10.

After getting robbed in title game of Texas Tip-off tourney UF posts two excellent games

Tarleton State 85
Findlay 82 OT

Though it may sound like sour grapes from this end, the refrain "We wuz robbed!" fits.

Tarleton State was ranked third in the nation in Division II. The Oilers were rated tenth. And both teams played like ranked teams. But there is one glaring statistic that really hurt—Findlay was whistled for 30 personal fouls. Tarleton State only 19.

But let's not get ahead of ourselves.

Findlay started the game slowly, falling behind for the first 11 minutes of the game. But for the last nine minutes of the first half they played well.

They pushed the lead out to seven in the closing minutes of the first half and were able to keep Tarleton from making any big runs.

UF was up 40-35 at the half.

In the second half, Tarleton

made a comeback early, but the Oilers were able to reassert themselves before the Texans crept back into the game.

With five minutes left in the game, UF was up by seven, but a three minute cold spell allowed Tarleton get take the lead 68-66.

From there in it was a battle with each side taking turns with the lead.

It appeared the Oilers were going to pull out a close one until Lee Roberts was hit with The Foul.

With two seconds left Tarleton's Jeremy Gilbert threw up a three-pointer and Roberts was called for a foul.

Gilbert hit two of the three free throws to tie the game at 72-all and send things to overtime.

In the overtime session, UF took an early lead before the home court paid off.

Tarleton built a lead of as much as five points and withstood a last second three pointer by Phillips for the win.

The bench saw a lot of action in this one, with nearly everyone getting into the scorebook.

Phillips, Schnipke and Bostic led UF with five rebounds each.

Findlay 89 Rio Grande 65

The Oilers used two solid halves of play to post a win over Rio Grande during Thanksgiving break.

UF jumped out to a 10-point lead at the half and then clamped down defensively in the second half—holding Rio Grande to just 26 points—to win going away.

The key to this game was Rio Grande's three-point shooting. They connected on only three of 18 attempts while the Oilers hit on 10 of 27 from beyond the arc.

Four Oilers were in double digits, led by Phillips' 23 points on nine of 12 shooting from the floor.

Marcus Parker, Bass and Bostic added 15, 13 and 11 points respectively.

Again, UF was aggressive on the boards, collecting 18 of their 38 total on the offensive glass.

UF's record is 3-1.

Roughnecks compete well in MSU Open; Uhl, Havelka top UF finishers

Michigan State Open

The Oilers took on some of the nation's tougher competition, and came away with some laurels from the Michigan State Open.

Senior Andy Uhl, who placed seventh overall, and Jeff Havelka led the Roughnecks.

Uhl wrestles in the 133-pound class and won decisions in his first two matches—beating Matt Smith of Ohio University 5-

0 and Micah Smith of Michigan State 8-6.

In his third match he lost to another MSU grappler before rebounding to beat Kent State's Bryce Freeman. His fifth match was tough, and he lost to Steve Clair (wrestling without affiliation).

Uhl then put Adam Koballa of Old Dominion on the mat for a win and a seventh place finish.

Havelka, wrestling at 174

pounds, won his first two matches by scores of 3-2. The first to fall was Josh Lewis of Eastern Michigan, then Jeremy Bloom of Michigan State.

He then lost his next two matches, one to Penn's Matt Herrington and John Kerber (wrestling without affiliation).

Other winners for UF included Sean Dong (149 pounds), Daniel Stevenson (174 pounds) and Josh Fox (197 pounds).

UF dashes to 18th place in NCAA National meet

Zellner, Gauger post top UF times

At the NCAA Div. II Nationals in Pensacola, Fla., the Oilers posted an 18th place finish, led by Emily Gauger and Brittany Zellner.

Gauger finished 54th overall with a time of 21:51.0 and Zellner was a few places behind, posting a 54th place finish with a time of 21:57.3.

Other runners finishing in

the top 100 for UF were Alana Margraf (88th, 22:36.4) and Samantha Herdrich (97th, 22:46.5).

The Oilers finished above the University of Tampa and the University of Massachusetts-Lowell. Twenty-four teams qualified for the nationals.

UF's team time was 112.02.1. Adams State won with a total time of 105.05.2).

Write for the Pulse, x4442



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Women's basketball team wins its own Tip Off Classic and posts impressive results behind a series of young contributors

Indianapolis 68 Findlay 58

Much as they did in their scrimmage with Bowling Green, the young Oiler women's basketball team fell behind early but pulled together in the second half.

In the season-opener for both teams, Indy raced off to 35-21 first half lead on the strength 43 percent shooting from the floor.

The Oilers were able to stay close for the first 10 minutes of the game, but after that point, Indianapolis started to pull away from UF little by little.

UF was down by five half-way through the half, but missed shots and timely conversions by the Racers allowed them to build the lead up to 10 point with seven minutes left in the half, and that was about where the lead would remain for the rest of the game.

At one point, the Oilers were down by 17 points but were able to battle back to get the deficit down to 14 at the half.

For the half, UF was 7 of 25 from the floor. But the second

half was much better.

The Oilers were 12 of 25 from the floor and were able to pull to within seven points in the half. But they were not able to overcome the first-half deficit.

The UF offense was well balanced and led by nine points from Nanette Cox. Audra Mihalic, Brittany Wells and Katie Greisinger each added eight points. Ashley Westenbarger scored seven.

Wells led the way on the board, collecting four rebounds.

Findlay 54 Tiffin 49 UF Tip-Off Classic

Two decent halves of play made the difference for the women as they posted their first win of the season.

An excellent defensive effort in the first half held Tiffin to a mere 16 percent shooting from the floor, allowing the Oilers to bolt out to a 30-18 lead at the half.

Tiffin tied to make a comeback in the second half, but the

Oilers played a steady game, did not panic and pocketed the win.

Wells was outstanding in the game, with a seven for 10 effort from the floor and 14 points (not to mention eight rebounds to tie for the team high).

Mihalic had nine points and Cox and Jackie Mories each added seven points.

Mihalic and Jessica Vorst each had eight rebounds.

Findlay 75 Charleston 71 (OT) UF Tip-Off Classic

The women capped off a great weekend by winning their tournament.

The pattern the women seem to be establishing in the early part of the season—solid second half play after keeping the game close in the first half—served them well in this game.

UF took a three-point lead into the second half of this game following a first half where they were not truly great—but were good—and they held Charleston

to 24 percent shooting from the floor.

A large portion of Charleston's bad shooting came from the 14 three-point attempts they jacked up, hitting on four.

The Oilers were just a little better in this department and a little better from the floor, allowing them to maintain a lead.

In the second half Charleston got very hot from the floor for a time, but the Oilers did not wilt under the pressure.

Then they started to ride the offense of Wells and Mihalic, trusting on their efforts to keep control of things.

In the overtime, the Oilers showed impressive maturity under pressure as they played near error-free ball. Charleston meanwhile, kicked the ball away three times, allowing the Oilers to hold on for the win once they gained the lead in OT with a little more than two minutes left.

Wells and Mihalic finished the game with 20 points each. Greisinger had 12 points and Jennifer Beekman scored 11.

Fairmont State 62 Findlay 57

Fairmont State came into this game as a favorite, having a seasoned team and a perfect record.

The good news is that the young Oilers were never truly out of this game. They did fall behind early but kept Fairmont within view the whole game before falling short.

Though the Oilers did not win, a case can be made this was their best all-around game of the season.

UF had two decent halves from the floor (shooting 36 percent for the game), and they were great on the boards, collecting 33 rebounds.

As has also become a common sight for the women, they were led by a different scorer this game as Julie Guiler tossed in 18 points and Greisinger added 15. Wells chipped in 10 and dished out four assists.

Greisinger and Guiler were credited with eight and seven rebounds respectively.

Don't panic! Portfolio help coming

The Academic Support Center, the Writing Center and the Writing Program are coming to the rescue of students who are sweating out the upcoming English 106 and 107 portfolio review.

On Wednesday, Dec. 6 from 7 to 9 p.m. tutors and English 106 and 107 professors will be on hand to discuss concerns you may have about your portfolio.

This event takes place in the Endly Room in the AMU.

At this review you can get help on MLA documentation, your thesis and development, putting the portfolio together, and audience and stylistic issues.

Students are asked to bring their handbook, be prepared to contribute (that is to say, no one is going to do the work for you), and bring your top three concerns

about the portfolio (every single aspect of the portfolio will not assessed).

You will receive feedback, but don't expect anyone to tell you if it is passing or failing. This speculation is not part of the review.

Attending this workshop is meant to help with your portfolio review. But attendance does not guarantee that you will pass.

PRINT: New software will keep tabs on campus printing starting January

CONTINUED from page 1

a flat rate fee of \$30 is charged to students who choose to take an Internet course through Blackboard.

A memo received by the Pulse shows student technology fees are used for a variety of purposes which include Microsoft campus agreements, maintenance of computer labs, the brand new wired and wireless network, Blackboard servers, UFnet account services, as well as student support services, which include lab assistants and technology support services, respectively. Fewer unnecessary copies should help reduce wear

and tear on equipment and the need for professional support.

This software is not only limited to UF students. Faculty and staff printing will also be watched.

"Faculty and staff printing will be monitored, however, printing services will be tied to their normal log in process, thus a separate log in just for printing will not be necessary," Walthour said.

Though Pcounter will be put into effect on the first day of the next semester, the overall effect of the software will not be known until after it is used for a while.

One possibility facing UF is

the implementation of a printing quota for students.

A quota will not be put into immediate effect, but one "... may be implemented in the future if monitoring fails to significantly reduce excessive and/or wasteful printing," Walthour said.

UF is not the first institution of higher learning in the area to monitor student printing. Currently, both Ohio Northern University and Baldwin-Wallace College also monitor printer activity through Pcounter.

Tim Warner can be reached at warnert@findlay.edu.

Newman Club aids 338 area families

On Nov. 17 the UF Newman Club met at St. Michael the Archangel Church on Bright Road to assist with labeling, boxing and sorting food for needy area residents at Thanksgiving.

This year the Newman Club helped prepare 516 boxes of food

which served 1,480 people. That amount is 338 families overall.

Students involved were Cari Hehler, Megan Getter, adviser Janice Blum, Kelly Vereker, Brittany Drees, Sarah Flipse, and Murial Fecke-Soudt.

The Newman Club is a

Catholic student organization. They meet at 8 p.m. on the second and fourth Tuesday of each month in the Rosewood Room.

All interested students are invited to attend their meetings.

For information please contact Hehler at hehlerc@findlay.edu.

Do Finals Have You Stressed?



Come Take a Break From Studying and RELAX!

Wed. Dec. 6th 10a.m.-12p.m. AMU South Multipurpose Room

11:30 Guided Imagery Event

~Message~Aromatherapy~Music~Play~ and MORE

Thurs. Dec. 7th @ 2p.m. Rosewood Dining Room

~Relaxation~Meditation~Centered Breathing~ and MORE

Mon. Dec. 11th 5-7p.m. In the AMU Lounge

6:30 Guided Imagery Event

~Message~Aromatherapy~Music~Play~ and MORE

Stay as little or long as you want

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WITH VICK TRAV AND ZACH BEATTY
WLFC AIRTIME IS 15 MINUTES PRIOR TO SCHEDULED TIP-OFF

Don't believe the lie that math isn't philosophical

Math tells us new universes are not only possible, but they're likely

Think back to the stack of paper that we were talking about. It represents a neat little theory called "parallel universe theory," which proposes that a lot of other universes exist side-by-side, separated by only millimeters of extra-dimensional space that we don't comprehend and can't get through.

Now, take a pencil and stab the stack of paper. If it's a good pencil, it will put holes through

In my last article, I talked about wormholes and their ability to connect two very distant parts of our universe. They do this by bending the very fabric of spacetime, tunneling through the fourth dimension.

To imagine it, we thought of a piece of paper. If you bent the paper in half, poked a hole through it and then unfolded it, you would have used the third dimension—height—to go between the two different halves of the paper.

The proposed wormholes of our universe function in the same way. When a wormhole connects two parts of our universe, it "folds" the fabric of spacetime and makes a bridge of sorts, connecting two different parts through the fourth dimension. Since we cannot see the fabric of our spacetime or see the fourth dimension, it doesn't even look like this is happening. But it is.

Now That's Interesting!

by Adam Houser, Science Savant



many different pieces of paper. Wormholes can do that, too.

What if these really existed? As it stands now, wormholes are likely when scientists do the math. They're only likely. We've never seen one before. But, what if we found one that connects our universe to another one? What would wormholes mean to our civilization, world, and universe?

Well, nothing—at least, not to us. You see, when wormholes are formed, they require an enormous amount of energy in a very small space. In fact, it's over a quadrillion (1,000,000,000,000,000) times more energy than our most powerful particle accelerators can make today. There's no way

We've got issues

When you were in elementary school, were you an Indian or a Pilgrim?



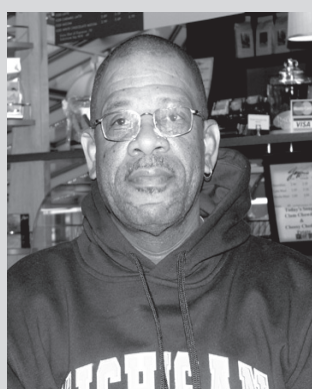
Liz Ray, Sophomore, Pharmacy

"I actually was a pumpkin, because I was the smallest one. But I always wanted to be the Indian and wear the little feathers."



Hali Chapman, Sophomore, Law and Liberal Arts

"Pilgrim, but I always wanted to be an Indian. They got to wear cool feathers. And I like bright colors."



Oliver Collins, Junior, Religious Studies

"It was 50 years ago, so it is hard to remember. But in probability, I was a pilgrim. However, I always wanted to be an Indian, because Indians had everything: corn and other food, and pilgrims had nothing."



Jennifer Hall, Sophomore, pre-law; Jennifer Gentry, Sophomore, criminal justice

"We were Indians, but we really wanted to be the turkey. Because the costume was fun, and you did not have to do much but the chicken dance."

Compiled by Katia Kontar

we could make a wormhole today. Even if we could, we would have to hold it open. To hold a wormhole open, we would have to use negative energy produced by exotic matter.

Here's some explanation. Negative energy is the opposite of positive energy, which is gravity. So, we need to have antigravity.

Antigravity is produced by exotic matter, which we don't even know exists—it's totally theoretical. So, to hold a wormhole open, we have to use matter that we aren't even sure exists to make energy that goes against

everything we consider normal in our universe. Yeah, it's a lot more complicated than it first looked like.

So, could we use these wormholes? Chances are that we couldn't.

If we made one, we would have to instantly focus all the energy created by ten billion stars over an entire year into a space that's a million times smaller than a proton. Like I said, there's no way we could make one. Supposing we did, however, we couldn't use it. Not only would it be a million times thinner than a proton, but as soon as we put

anything in there that's NOT negative energy, it would collapse. At least, that's what the math says.

What would happen if we shoved you in through this wormhole and it collapsed on you? The truth is that nobody knows.

Now isn't that interesting?

Read more of the Science Savant's work on page 5 of this issue. If you have a science question or topic you'd like addressed, you can reach Adam Houser at houser@findlay.edu. Next week he will address the issue of wormholes one more time.

Going out to eat? Be kind; your server works hard

It's holiday season and many of us head out to restaurants even more often than other times of the year. If you think you can afford to go out to eat but can't afford to tip then you can't afford to go out to eat.

Servers in Ohio earn a measly \$2.13 an hour. These hard-working individuals work diligently for your tips because it is their livelihood. The tip you leave on the table is how they pay their bills. Remember that next time you decide to be tightfisted.

It is 2006 and 10 percent is not an acceptable tip anymore.

The standard tip for excellent service is around 20 percent. Good service is now worth 15 percent. Think about it this way: Does the server at Bob Evans work any less hard for you than the server at Outback Steak-

house?

Tipping on a percentage scale is a good guideline, but it is more important to tip for service and effort than just a straight bill percentage. Try to follow a strict rule to never reward bad service with a good tip and never punish excellent service with a low tip

because you are cheap. Use basic manners in a restaurant. Stay off your cell phone long enough to let your server introduce themselves and take your order. Servers are not clairvoyant and do not know what you want if you do not politely tell them. When a server delivers your

food and asks if there is anything else, tell them. If you don't tell them, how are they supposed to know what you need? It is also not necessary to snap your fingers at a server, wave your hand in the air or get up and follow them to the kitchen. Servers are aware of your presence and will get to you as soon as they can.

Remember, you are not their only responsibility. Most servers have to wait on at least three or four tables and some may have to wait on many more tables than that. Be patient, and your server will take care of you.

Don't take it out on a server because you have had a bad day. They are there to make it better. Relax, you don't have to cook or clean up. Enjoy your experience. Try not to be more high maintenance than Lindsay Lohan!

Treating a server like garbage because they are serving you is the quickest way to get the worst service you ever thought pos-

sible. Servers are people too.

Don't assume a server's job is easier than yours and that they are some unintelligent person who can't get a better job. The restaurant business is a fast-paced environment with a high stress level, and if you are not

involved in it you don't see all the things behind the scenes.

Have respect for the servers and how hard they work so you can enjoy your meal.

Fiona Hanks can be reached at hanks@findlay.edu.

Fun Facts with Fiona

by Fiona Hanks



Still more leftovers

The Pulse has been asked to run the winning recipes from the "Create a Cookie Contest" at Homecoming. Over the next several weeks we will include these recipes in the paper as space allows.

"Russian Tea Cookies" submitted by Virginia Wills

Ingredients

1 cup softened butter	2 ¼ cups flour
½ cup powdered sugar	¼ tsp. salt
1 tsp. vanilla	

Pre-heat oven to 400 degrees. Mix together butter, powdered sugar, and vanilla. Then mix in flour and salt to make dough firm. Shape the dough into small 1 inch balls. Place on cookie sheet. Bake until bottom is brown, about 10 minutes. Roll the hot cookies in powdered sugar then cool. After cookies are cooled. Roll in powdered sugar again. Makes 20-25 cookies.