



WELLNESS AND HEALTH PROMOTION TO DOCTOR OF OCCUPATIONAL THERAPY

3+3 PATHWAY

Program Overview

The University of Findlay offers a 3+3 Wellness and Health Promotion to the Doctor of Occupational Therapy (OTD) Program path. After 3 years of undergraduate coursework, students will enter the OTD Program. Students complete the first year of the OTD curriculum and earn a bachelor's degree in Wellness and Health Promotion. Students will continue coursework to earn a doctoral degree in occupational therapy.

A major in wellness and health promotion consists of an interdisciplinary program of study in which students will implement health assessments and wellness programs. The degree promotes scholarly inquiry and cultivates professionals capable of assisting others in developing self-responsibility for their own health and wellness through healthy, active lifestyles.

At the University of Findlay, the OTD Program prepares students to not only practice occupational therapy, but also fulfill leadership roles and advanced positions in the field. Occupational therapists assist individuals across the lifespan to develop, improve, sustain, or restore daily living, work or productivity and play or leisure by using meaningful and healthy occupations.

The OTD program embodies principles of human occupation and incorporates community-based experiences and service learning to prepare occupational therapists who understand and value a community-focused and occupation-based approach to practice, and participate in ongoing professional development in preparation for service in diverse communities.

Program Highlights

Three-Year Program - Structured across nine semesters, including summers, with integrated fieldwork throughout the academic journey. In the final year, students engage in Level II fieldwork, which offers hands-on, immersive experiences in diverse clinical settings, allowing them to apply their knowledge and develop clinical skills under the mentorship of experienced practitioners.

Doctoral Capstone - OTD students complete a culminating Doctoral Capstone Experience and Project that allows students to gain in-depth knowledge in a specialized area of interest of their choosing. Opportunities include Capstones in program development, clinical practice skills, education and advocacy. All Capstones allow students to apply knowledge in real world settings, shaping the future of occupational therapy while enhancing clinical and professional skills.



University of Findlay

WHY DOCTOR OF OT?

Choose the Doctor of Occupational Therapy (OTD) to lead in a high-impact, fast-growing field—projected to grow 11% by 2033—as you empower people to live fuller, more independent lives. Ranked #8 in Best Health Care Jobs by U.S. News & World Report, OTD offers the skills, leadership, and clinical expertise to thrive in today's top health care settings.

ABOUT OUR FACULTY

Full-time OT faculty have extensive expertise across all areas of practice including pediatrics, community-based mental health, and physical rehabilitation.

15:1

student-to-faculty ratio ensures individual attention

14

14-week capstone semester in individualized area of interest

800

Over 800 fieldwork locations nationwide

RECENT GRADS WERE HIRED AT COMPANIES LIKE THESE:



NATIONWIDE
CHILDREN'S

ivrehab
NETWORK

WHealth

PROGRAM OUTCOMES



Scan the code to check out the latest details and stats related to the UF Occupational Therapy Program.

ACCREDITATION STATEMENT

The University of Findlay's entry-level occupational therapy doctoral degree program has been granted Accreditation with a 7-year review cycle by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at 7501 Wisconsin Avenue, Suite 510E Bethesda, MD 20814. ACOTE's telephone number c/o AOTA is (301) 652-AOTA and its web address is www.acoteonline.org.

SAMPLE CURRICULUM

Year 1

Fall Semester

General Psychology (C3,M)*	3 hrs
Applied Mathematical Analysis (C)**	3 hrs
An Integrated Approach to Science (C)**	3 hrs
Intro to Health Professions (C) (M)	1 hr
College Writing II	3 hrs
Wellness: Strategies for Life (M)	3 hrs

Spring Semester

Alcohol and Other Drugs (M) (m)	3 hrs
Integrated Statistical Analysis (P)*	4 hrs
Intro to Sociology (P)	3 hrs
Creative Writing (C)**	3 hrs
First Aid and Care of Athletic Injuries (M)	2 hrs
Minor Course (m)	3 hrs

Year 2

Fall Semester

Anatomy & Physiology for Health Professions I & Lab (M) (P)	4 hrs
Intro to Culture: Bridging Differences (C)**	3 hrs
Intro to Writing for the Sciences (C)**	3 hrs
Digital Literacy for the Sciences (C)**	3 hrs
Minor Course (m)	3 hrs
Intro to Exercise Technique (M)	1 hr

Spring Semester

Anatomy & Physiology for Health Professions II & Lab (M) (P)	4 hrs
Lifespan Development (P) (m)	3 hrs
Conceptual Physics (C)	4 hrs
Principles of Speech **	3 hrs
Educational Strategies in Health Professions (M)	3 hrs

Year 3

Fall Semester Apply for OTD Program

Structural Anatomy (M)	3 hrs
Physiology of Exercise (M)	3 hrs
Human Nutrition (M) (m)	3 hrs
Intro to Philosophy (C)**	3 hrs
Community & School Health Ed (C) (M)	3 hrs
Experiential Learning in HHP (M) (C)	3 hrs

Spring Semester

Biomechanics (M)	3 hrs
Adapted Physical Education (M)	3 hrs
Health Care Ethics (m) or Psychology of Aging (C) (m)	3 hrs
Medical Terminology (M) (P)	3 hrs
Research Methods in HHP (M)	3 hrs
Abnormal Psychology (P) (m)	3 hrs

Year 4

Summer Semester (OTD Curriculum)

Conceptual Foundations of OT	3 hrs
Analysis of Human Occupation	2 hrs
Human Anatomical Structures	3 hrs

Fall Semester (OTD Curriculum)

Health Conditions & Occupational Performance	3 hrs
Analysis & Assessment of Contextual Movement	3 hrs
Clinical Practice in OT I: Concepts, Philosophy & Client Centered Care	4 hrs
Research in Occupational Therapy	3 hrs

** = Recommended
P = OTD Program Prerequisite
M = Major
m = minor
C = Core



"An amazing experience."

"The OT program has been an amazing experience that has helped me develop the necessary skills to be successful once graduating from the program."

– Brenen Auer



OFFICE OF ADMISSIONS

419-434-4732 | 1-800-548-0932 | admissions@findlay.edu



APPLY