

### **DOCTOR OF OCCUPATIONAL THERAPY**

# University of Findlay.

### **Program Overview**

Occupational therapists assist individuals across the lifespan to develop, improve, sustain or restore daily living, work or productivity and play or leisure by using meaningful and healthy occupations. At the University of Findlay, the Doctor of Occupational Therapy Program prepares students to not only practice occupational therapy, but also fulfill leadership roles and advanced positions in the field.

The program embodies principles of human occupation and incorporates community-based experiences and service learning to prepare occupational therapists who understand and value a community-focused and occupation-based approach to practice, and participate in ongoing professional development in preparation for service in diverse communities.

### **Program Highlights**

Consecutive Semesters - The curriculum is structured across consecutive semesters, including summers, with integrated fieldwork throughout the academic journey. In the final year, students engage in Level II fieldwork, which offers hands-on, immersive experiences in diverse clinical settings, allowing them to apply their knowledge and develop clinical skills under the mentorship of experienced practitioners.

The program culminates in a doctoral capstone semester, where students complete a project and experience to gain in depth knowledge in a specialized area of interest.

Multiple Entry Points - The OTD program offers multiple entry points to accommodate a variety of academic backgrounds. For those with a bachelor's degree, the post-baccalaureate admission option provides a direct route to the OTD program. University of Findlay undergraduate students have three distinct options for admission. Early Assurance for an early admission decision prior to a student's freshman year: Undergraduate Pathway for current students pursuing a seamless transition, and Accelerated 3+3 Pathways, which allow students to complete both their undergraduate and doctoral degrees in just six years.

Doctoral Capstone - OTD students complete a culminating Doctoral Capstone Experience and Project that allows students to gain in-depth knowledge in a specialized are of interest of their choosing. Opportunities include Capstones in program development, clinical practice skills, education and advocacy. All Capstones allow students to apply knowledge in real world settings, shaping the future of occupational therapy while enhancing clinical and professional skills.

## WHY DOCTOR OF OT?

Choose the Doctor of Occupational Therapy (OTD) to lead in a high-impact, fast-growing field—projected to grow 11% by 2033—as you empower people to live fuller, more independent lives.
Ranked #8 in Best Health Care Jobs by U.S. News & World Report, OTD offers the skills, leadership, and clinical expertise to thrive in today's top health care settings.

### **ABOUT OUR FACULTY**

Full-time OT faculty have extensive expertise across all areas of practice including academia, pediatrics, community-based mental health, and physical rehabilitation.

RECENT GRADS WERE HIRED AT COMPANIES LIKE THESE:

15:1 student-tofaculty ratio ensures individual attention

14-week capstone semester in ndividualized irea of interest 800 Over 800 fieldwork locations nationwide







### **PROGRAM OUTCOMES**



Scan the code to check out the latest details and stats related to the UF Occupational Therapy Program.

### **ACCREDITATION STATEMENT**

The University of Findlay's entry-level occupational therapy doctoral degree program has been granted Accreditation with a 7-year review cycle by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at 7501 Wisconsin Avenue, Suite 510E, Bethesda, MD 20814. ACOTE's telephone number c/o AOTA is (301) 652-AOTA and its web address is www.acoteonline.org.

### SAMPLE CURRICULUM

### Admission Requirements

Students wishing to apply for admission to the OTD Program must have completed the following admission criteria:

- Minimum overall grade point average of 3.0
- Completion of baccalaureate degree from an accredited institution
- Completion of the Occupational Therapy Central Application Service (OTCAS) application.
- Three satisfactory professional recommendations

### Prerequisite Courses

Candidates must also have completed the following prerequisite courses with a "C" or better prior to beginning the program:

- BIOL 201 & BIOL 201 L Introduction to Anatomy & Physiology w/ Lab
  - OR BIOL 222 & BIOL 222L Anatomy & Physiology for Health Professions I w/ Lab
  - AND BIOL 223 & BIOL 223L Anatomy & Physiology for Health Professions II w/ Lab
- ANHS 220 Medical Terminology

- PSYC 100 General Psychology
- PSYC 208 Lifespan Development
- PSYC 233 Abnormal Psychology
- MATH 221 Integrated Statistical Analysis
   OR MATH 223 Applied Statistics & Data Analysis
- SOCI 105 Introduction to Sociology

### Professional Curriculum Courses

- Conceptual Foundations of Occupational Therapy
- Analysis of Human Occupations
- Human Anatomical Structures
- Health Conditions and Occupational Performance
- Analysis & Assessment of Contextual Movement
- Clinical Practice in OT I: Concepts, Phil & Client-Ctr. Care
- Research in Occupational Therapy
- Clinical Practice in OT II: Biopsychosocial
- Evidence Based Practice
- Neuroscience
- Prof. & Contextual Issues in OT Practice I: Change Agent
- Prof & Contextual Issues in OT Practice II: Roles & Resp.
- Essentials of OT Practice I: Group Dynamics
- Research in Action I
- Professional & Contextual Issues in OT Practice III: Cultural Competency
- Essentials of OT Practice II: Contemp. Instr. Strategies
- Research in Action II
- Doctoral Experience Orientation and Preparation I

- Level I Fieldwork in Occupational Therapy A
- Clinical Practice in OT III: Pediatrics
- Professional & Contextual Issues in OT Practice IV: Populations
- Research in Action III
- Clinical Practice in OT IV: Adult
- Doctoral Project
- Doctoral Experience Orientation and Preparation II
- Level I Fieldwork in Occupational Therapy C
- Essentials of OT Practice IV: Community, Health & Wellness
- Research in Action IV
- Level I Fieldwork in Occupational Therapy B
- Essentials of OT Practice III: Theories, Context & Evidence
- Clinical Practice in OT V: Geriatrics
- Essentials of OT Practice V: Mgmt. & Leadership
- Occupational Therapy Level II Fieldwork A
- Occupational Therapy Level II Fieldwork B
- Doctoral Capstone: Experience
- Doctoral Capstone: Project





### OCCUPATIONAL THERAPY ADAPTIVE LIVING HOME

The University of Findlay's Occupational Therapy Program is committed to providing learning opportunities for occupational therapy students, community agencies, healthcare professionals and outreach to individuals living in the community. The focus is on home modifications and technologies necessary for anyone needing assistance with the occupations of everyday living.

#### **PURPOSES OF OT HOME**

### I. Education

The Occupational Therapy Home is a hands-on learning experience for occupational therapy students. The students gain knowledge and skills for older individuals through adapting homes and using assistive devices.

### II. Research

Resources such as occupational therapy materials and journals are in the house for student use. Research projects regarding older adult independence and performance are studied by occupational therapy students. The OT Home offers the opportunity for students to study home modification and assistive devices.

### III. Outreach

The occupational therapy faculty and students at The University of Findlay also offer outreach to teach the community on various topics including:

- Aging in Place
- Home Modification
- Adaptive Equipment
- Life Skills Training

### **TARGETED AUDIENCES**

- Occupational Therapy students
- Clients of all ages
- Caregivers
- Health Professionals

#### **SERVICES**

- Assessment, evaluation and intervention
- Opportunity to view and try out assistive technology
- Information on home modifications
- Information on home safety
- Assistive devices for independence
- Educational programs
- Research projects
- Grant writing



### **KEY IDEAS**

### **Aging in Place**

"Aging in place" is defined as growing older without having to move from one's current place of residence, in order to secure necessary support services in response to changing needs.

• Some 70% of seniors spend the rest of their life in the place where they celebrated their 65th birthday.

### **Universal Design**

The design of products and environments to be used by everyone with-out the need for adaptation.

• The intent of universal design is to simplify life for everyone by making products, communications, and the environment more usable for everyone at little or no extra cost. Universal design benefits people of all ages and abilities.

# Your career as an OCCUPATIONAL THERAPIST

What are the possibilities?

Take a look at these sights for a glimpse into the OT profession.

OT Practice: Pediatrics



A Day in the Life of an OT:



Best Careers 2023:



OT Practice: Geriatrics



Social media and OT website:



American Occupational Therapy Association:



Have any questions?
Call the OT office at
419-434-6936 or email
occupationaltherapy
@findlay.edu





Occupational Therapy

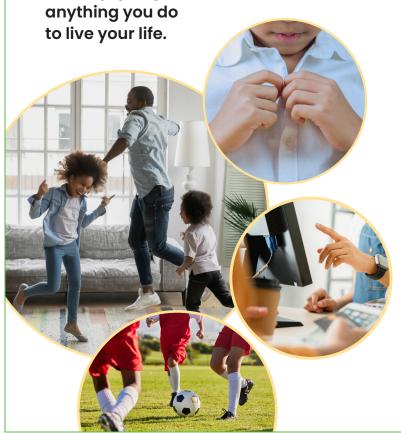
# What Is Occupational Therapy?

Occupational therapy (OT) helps people do the things they want and need to do every day. It helps people of all ages, from babies to seniors, with disabilities, injuries, conditions, or illnesses live more independently and enjoy their lives more fully.



### **What Are Occupations?**

Occupations are the things you do from the moment you wake up until you go to sleep. Think of them as anything that "occupies" your time during the day taking care of yourself or loved ones, working, going to school, hobbies—



# How Do Occupational Therapy Practitioners (OTPs) Help People?

### PHYSICAL GOALS

OTPs assist people with physical disabilities, injuries, illnesses, or cognitive conditions and help them learn or adapt to do things.

### INTELLECTUAL GOALS

OTPs help people with developmental differences—such as memory problems, ADHD, or dementia—develop customized skills, interests, and goals.

### SOCIAL-EMOTIONAL GOALS

OTPs support individuals with social-emotional challenges like anxiety, depression, PTSD, or other mental health conditions, by fostering coping skills, self-awareness, regulation, and building relationships.



# Where Do Occupational Therapy Practitioners Work?

They work in a variety of settings—including hospitals, schools, clinics, skilled nursing facilities, community centers, health care facilities, and they can even come to your home.

# Who Are Occupational Therapy Practitioners?

### Occupational Therapist (OT)

OTs are responsible for assessing a person's conditions and needs and creating a treatment plan that will help them reach their goals.

### Occupational Therapy Assistant (OTA)

OTAs work closely with OTs to develop treatment plans and play a pivotal role in implementing therapy sessions.



Being able to participate in meaningful activities contributes to health, identity, and wellbeing!

Want to learn more about Occupational Therapy? Interested in OT as a career?

Visit WhyChooseOT.com





# **Help People Live Their Best Lives** Become an Occupational **Therapist**

Occupational therapy (OT) is a healthcare profession that helps people of all ages participate in the meaningful activities they need and want to do, regardless of injury, disability, or health condition. OT is an inspiring and rewarding profession that combines hands-on care and creative problem-solving to change lives.



- Start working as an OT in 2-3 years after earning your bachelor's
- Transformational, rewarding work
- Holistic care and meaningful patient relationships
- Diverse career opportunities and settings
- · Job stability and growth
- Constantly-evolving field for a dynamic career
- Work-life balance with flexibility

"Occupational Therapy was a calling for me as it was the only rehab profession that I found to balance the importance of mental, physical and social health in order to promote one's quality of life and independence."

Lauren, OT

"I chose OT because it is a profession that is both a science and an art. The facts and techniques are based in research, however how you apply them can be very creative."

Colleen, OT



**OT employment** is projected to



Undergraduates with strong transferable skills, such as active listening, teamwork, organization, flexibility, and critical thinking skills, are well-positioned to succeed in OT grad school and beyond.

### **Occupational Therapy Areas of Practice**

**Adult Rehabilitation Pediatrics Orthopedics Ergonomics** Mental Health **Older Adults Developmental Disability Home Health Assistive Technology** Health & Wellness Neurorehabilitation **Education** Research **Equine Therapy** 

And More...



### **Pathway to Becoming** an Occupational Therapist

- Complete an undergrad degree.
- Explore and apply to an accredited Occupational Therapy (MOT) or Occupational Therapy Doctoral (OTD) program.
- Graduate with a MOT or OTD degree.
- Pass the national occupational therapy board exam and earn OTR® certification.
- Obtain a state license to practice.

### Common **Course Prerequisites\***

Anatomy and physiology

**Physics** 

Statistics

Developmental psychology

Biology

Psychopathology

Sociology/Anthropology

Kinesiology

Medical Terminology

\* Check the websites of the schools you're applying to for programspecific requirements.

### **Popular Undergraduate Majors**

Kinesiology

Biology

Psychology

Exercise physiology

Chemistry

Health sciences

Education

Sociology

Therapeutic recreation

Non-traditional majors

(e.g. Art & Theater)

To learn more about real-world OTs and for information about OT programs, visit

### WhyChooseOT.com







The information provided includes the results of the 2023 AOTA Salary and Workforce Survey which asked questions about the 2022 calendar work year. With more than 11,500 responses, this is the most comprehensive data for workforce, salary, and benefits known to AOTA. The survey was distributed via email to everyone who had opted in to receive AOTA communications (including members, former members, and nonmembers). Although this is the most comprehensive data available, caution should be used when interpreting the results to avoid over generalization. AOTA members can get a free customized report based on the responses to the survey by visiting <a href="https://www.aota.ort/VANITY URL">www.aota.ort/VANITY URL</a>. A more detailed description of methods is also available at this link.

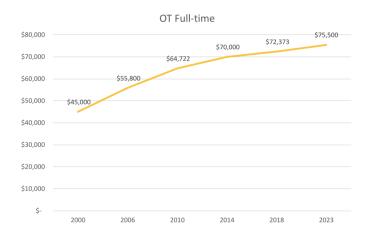
## Salary by Region

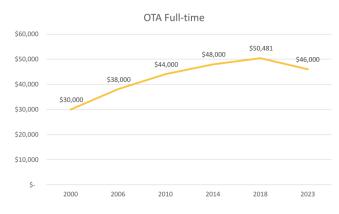
Salaries vary by region of the country. This may be a factor of cost of living as well as supply and demand.

For OTs, Pacific states have the highest median salary. For OTAs, other states and territories have the highest median salary followed very closely by Pacific states.

	Region	10 <sup>th</sup> Percentile	25 <sup>th</sup> Percentile	50 <sup>th</sup> Percentile Median	75 <sup>th</sup> Percentile	90 <sup>th</sup> Percentile	% of Each License
	East North Central	\$36,880	\$58,000	\$72,000	\$85,000	\$100,000	20.95%
	East South Central	\$43,000	\$60,836	\$75,000	\$90,000	\$105,270	4.25%
	Middle Atlantic	\$45,000	\$63,000	\$79,809	\$94,186	\$110,000	13.05%
	Mountain	\$30,500	\$60,125	\$79,250	\$93,875	\$114,000	6.63%
от	New England	\$42,000	\$62,000	\$76,000	\$92,000	\$105,900	6.90%
	Pacific	\$40,000	\$70,000	\$88,000	\$108,000	\$124,840	10.13%
	South Atlantic	\$36,000	\$60,000	\$78,000	\$92,000	\$107,000	15.36%
	West North Central	\$40,000	\$60,000	\$73,000	\$87,000	\$100,000	11.53%
	West South Central	\$32,000	\$61,000	\$76,291	\$92,000	\$109,700	11.21%
ОТА	East North Central	\$12,898	\$30,000	\$45,000	\$54,000	\$64,000	20.95%
	East South Central	\$5,800	\$30,000	\$43,000	\$55,000	\$62,600	4.25%
	Middle Atlantic	\$6,000	\$32,650	\$49,000	\$62,700	\$72,000	13.05%
	Mountain	\$16,780	\$38,000	\$54,500	\$65,000	\$75,000	6.63%
	New England	\$25,600	\$38,000	\$48,000	\$54,500	\$71,600	6.90%
	Pacific	\$15,000	\$40,000	\$54,000	\$65,000	\$80,000	10.13%
	South Atlantic	\$9,200	\$33,815	\$48,600	\$60,000	\$70,520	15.36%
	West North Central	\$17,300	\$35,000	\$45,000	\$55,000	\$63,977	11.53%
	West South Central	\$10,700	\$36,990	\$50,039	\$65,000	\$75,000	11.21%

### Salary Over Time: Full-time





The median salary for full-time OTs continues to trend higher. However, for OTAs the median salary has decreased. The OT median salary in 2023 is \$75,500 and for OTAs is \$46,000.

# Trends in Salary by Practice Area

Academia continues to have the highest median salary for OTs and OTAs. For OTs, mental health and other innovative or emerging settings settings saw the largest increase from 2018. The largest increase for OTAs was in academia with decreases in other innovative or emerging settings, hospitals, and early intervention / school.

	Setting	2023	2018	2014	2010	2006	2000
	Academia	\$90,000	\$83,000	\$77,000	\$70,060	\$66,000	\$53,000
	Community	\$78,000	\$70,860	\$67,000	\$68,000	\$58,250	\$43,062
	Home Health	\$70,000	\$83,200	\$76,000	\$68,000	\$55,000	\$45,000
	Free-standing Outpatient	\$75,000	\$67,600	\$65,000	\$64,000	\$57,000	\$50,000
	Hospital	\$79,000	\$72,000	\$68,000	\$64,480	\$58,000	\$46,000
ОТ	Long-Term Care / Skilled Nursing Facility	\$78,000	\$76,960	\$73,000	\$70,000	\$58,000	\$46,000
	Mental Health	\$78,000	\$71,000	\$69,000	\$65,000	\$53,750	\$45,000
	Early Intervention	\$70,000	\$63,000	\$60,000	\$59,850	-	-
	School	\$70,000	\$76,000	\$70,000	\$67,122	\$62,000	-
	Other Innovative or Emerging Setting	\$80,000	\$68,016	\$61,000	\$58,201	\$50,500	\$42,000
	Academia	\$68,000	\$62,250	\$61,500	\$52,000	\$46,000	\$37,000
	Community	\$45,000	\$49,514	\$49,000	\$44,000	\$35,000	-
	Home Health	\$45,000	\$43,680	\$39,500	\$35,000	-	-
	Free-standing Outpatient	\$46,000	\$46,000	\$43,200	\$41,800	\$32,000	\$30,000
	Hospital	\$46,000	\$53,248	\$50,000	\$52,000	\$45,000	\$40,000
ОТА	Long-Term Care /Skilled Nursing Facility	\$50,750	\$48,266	\$43,000	\$42,000	\$41,000	\$31,053
	Mental Health	\$53,500	\$52,780	\$50,000	\$48,942	\$40,000	\$30,000
	Early Intervention	\$41,000	\$45,000	\$45,000	\$43,500	\$39,000	\$24,500
	School	φ41,000	\$44,616	\$39,000	\$41,592	\$41,500	-
	Other Innovative or Emerging Setting	\$48,416	\$49,920	\$36,000	\$34,000	\$31,075	\$27,500

## Salary by Experience

In general, more experience in the field of occupational therapy is associated with a higher salary.

Small sample size contributes to some inconsistency in the lower and upper percentile ranges.

	Experience in OT	10 <sup>th</sup> Percentile	25 <sup>th</sup> Percentile	50 <sup>th</sup> Percentile Median	75 <sup>th</sup> Percentile	90 <sup>th</sup> Percentile	% of Each License
	0-1 Years	\$13,897	\$40,000	\$61,000	\$72,092	\$82,000	6%
	2 Years	\$40,200	\$57,000	\$67,000	\$75,000	\$85,000	5%
	3-4 Years	\$45,266	\$60,000	\$70,000	\$79,000	\$88,000	9%
	5-6 Years	\$45,000	\$61,000	\$73,000	\$83,000	\$93,600	8%
	7-9 Years	\$44,972	\$62,000	\$75,000	\$88,000	\$100,000	11%
ОТ	10-14 Years	\$42,000	\$62,000	\$79,000	\$91,000	\$105,000	14%
	15-20 Years	\$40,000	\$64,000	\$82,000	\$98,125	\$115,440	12%
	21-25 Years	\$45,000	\$68,000	\$84,000	\$98,000	\$115,000	12%
	26+ Years	\$34,000	\$65,000	\$85,000	\$102,000	\$121,000	23%
	Overall						100%
	0-1 Years	\$3,100	\$11,750	\$33,500	\$48,000	\$58,120	6%
	2 Years	\$22,000	\$33,000	\$43,100	\$50,000	\$57,100	7%
	3-4 Years	\$12,822	\$30,000	\$44,000	\$55,000	\$69,000	10%
	5-6 Years	\$10,431	\$32,750	\$45,875	\$55,000	\$65,468	13%
	7-9 Years	\$25,000	\$37,000	\$49,000	\$57,000	\$68,000	13%
ОТА	10-14 Years	\$10,000	\$36,000	\$48,000	\$60,000	\$73,000	17%
	15-20 Years	\$4,600	\$33,099	\$47,000	\$64,000	\$76,000	10%
	21-25 Years	\$25,300	\$41,825	\$55,000	\$65,000	\$77,000	11%
	26+ Years	\$19,888	\$38,000	\$54,000	\$68,000	\$78,000	14%
	Overall						100%