



University of Findlay

Doctor of Physical Therapy

Traditional DPT Program
Weekend PTA to DPT Bridge Program

January 15, 2020

Dear Site Coordinator of Clinical Education and Clinical Instructors,

Hope the New Year starts off bright, and continues to shine throughout the year! We wish you a productive year of physical therapy practice and clinical experiences. The University of Findlay is pleased to announce another new faculty member, Dr. Stefani Anderson. Dr. Anderson graduated from the University of Toledo in 2010 with a Doctor of Physical Therapy Degree. She has 8 years of clinical practice in the outpatient and skilled nursing setting, earning an Orthopedic Manual Therapy Certification (OMT-C) during this time.

The DPT program **2019 accomplishments** have included the following:

- Presentation at the **Twenty-sixth OH-KY Consortium's CE workshop**, entitled *Emotional Resilience* on November 9, 2019, team taught by Dr. Allison Durham, Dr. Deborah George, and our clinical partner, Dr. Zachary Hughes.
- **Grand Rounds** were held in October 2019 with the speaker, Ms. Kami Lerma, who discussed *Integrative Perspectives in Physical Therapy* through an online format.
- Initiation of **Integrated Clinical Experience (ICE)** course series at Fox Run Manor in in September, 2019. The ICE course series was rolled out with the weekend cohort of 2021 through the collaborative efforts of UF faculty – Dr. Deborah George, Dr. Amy Schlessman, and Dr. Gordon Estlack; Fox Run Manor staff – Ms. Dawn Laytart, Ms. Kristen Meyers, and Ms. Kelli Miller. The purpose of ICE is to ensure student readiness before the initiation of formal clinical education. In ICE I, the students from screened elderly residents of Fox Run Manor to determine fall risk. ICE II will be coming up Fall of 2020 with another experience at Fox Run Manor, whereby students will be developing wheelchair specifications for one selected geriatric client.
- Ms. Jean Weaver, Dr. Deborah George, & Mr. Brandon Koehler continue their missionary work at the **Institut Supérieur des Sciences Programme de Thérapie Physique in Haiti**. Their first class of two PT students graduated this year and already have jobs at a local Haitian hospital.
- Multiple **publications** including the following:
 - George D. Robotics—A viable treatment adjunct for survivors of cerebrovascular accidents. *Journal of Novel Physiotherapy*. September 7, 2019; 9(4) ISSN: 2165-7025.1000e155
 - George D & Dutton L. Weekend PTA to DPT bridge program: An innovative educational alternative. *Journal of Physical Therapy Education*. June 2019; 33(2): 152-161.
 - George D. An example of sustainability. *Global Health - An Online Journal for the Digital Age*. February 2019; 6(1).
 - Wallmann HW, Bell DL, Evans B, Goss G, Hyman A, Paicely A. The effects of whole body vibration on vertical jump, power, balance, and agility in untrained adults. *International Journal of Sports Physical Therapy*. 14(1):55-64, 2019. DOI: 10.26603/ijsp20190055.

- Multiple **presentations** at the National and State levels by our faculty and students:
 - George D, Trifan J, Burns A, Dowell A, Shaffer K, Tessier N, Luke J, Berman J. Continuity of Care for Individuals with Lower Limb Loss. APTA NEXT Conference, Chicago, IL, June 15, 2019.
 - Weatherholt A, VanWye W, Jones M, Greer I, Hopper R, Smith G, Wallmann H. Cardiovascular responses to light-intensity exercise with and without blood flow restriction in healthy 30-60 year olds. APTA CSM, Washington DC, Jan. 26, 2019.
 - Grimes B, Quiambao K, Young S, Wallmann H. The effects of whole body vibration on the limits of stability in 18-29 year old individuals with a sub-acute ankle injury. APTA CSM, Washington DC, Jan. 25, 2019.
 - Huber A, J Adams, K De Jonge, A Gist, L Jeanpois, B Stayton, K Wasielewski, W Colchagoff, RS Van Zant. Effects of pre-exercise caffeinated drink consumption on running performance. ACSM National Meeting, Orlando, FL, May 2019.
 - Huber A, Verhoff D, Beck G, Kochheiser I, Nowak C, Shafer E, Sekar P. Risk Factors Associated with Recreational Running Injuries: A Prospective Cohort Study. Ohio Physical Therapy Association Optimize Conference, Columbus, OH. Sept 2019.
 - Van Zant RS, W Colchagoff, A Cox, B Eggleston, A Griffith, L Harrison, A Newberry, B Price. Metabolic & cardiovascular effects of body weight support treadmill walking in healthy older adults. ACSM National Meeting, Orlando, FL, May 2019.
 - Van Zant RS. Physical therapist student perceptions of market and social justice of the United States health care system: A five-year analysis. Scientific abstract. APTA CSM, Washington, DC, Jan. 2019.
 - Verhoff D, Huber A, Albers L, Arnold S, Beining S, Brause T, Warnecke C, Sekar P. Clinical Effects of 2-Dimensional Video Feedback on Patients with a Total Knee Replacement. APTA CSM, Washington DC, January 2019.

Please mark your calendars for the **upcoming continuing education opportunities:**

1. **Research Forum** - February 27, 2020 from 4:00-7:00pm; the forum showcases platform and poster presentations by the DPT students of the Class of 2020
2. **Spring Grand Rounds** - with Ms. Kristin Vamvas, PT speaking on the topic, CVA and neuroplasticity.
3. Upcoming **Lunch & Learn through NW OH CE Consortium** in the summer 2020.

According to Ms. Laura Jack, *Together, we are going to create a world with more love, more understanding, and more compassion. When we see beyond the surface and get to know people for their stories, for their unique experiences, and for their distinct gifts, hate becomes impossible and love becomes inevitable.* Yes, we most appreciate your mentoring and the unconditional support that you give our students. Please let us know if there are ways in which we can provide additional support for our partnership. Thank you for partnering with us!

Sincerely,

Allison Durham, PT, DPT, RN, DCE
Traditional Program

Deb George, PT, Phd, MS, DCE
WEC PTA to DPT Bridge Program

Aaron Jay Wright, MS
Experiential Educator