



Call the **Cosiano Health Center x4550** to make your appointment within **30 days** of your hire date.

For your initial OilerWELL enrollment visit (at the Cosiano Health Center) you will need to provide dates for:

- Everyone
 - updated tetanus/Tdap record
- Men-ages 50 and over
 - yearly physical/prostate exam if applicable
 - colonoscopy
- Women
 - All ages-physical and annual pap
 - 40 and over-mammogram
 - 50 and over-colonoscopy

In order to maximize the effectiveness of the program, **please read** the following policy **prior** to your assessment appointment. You will be required to sign that you have read the policy at time of appointment.

OilerWELL Policies

Eligibility: All non-tobacco using faculty, staff and spouses of The University of Findlay currently enrolled in the University's health plan are eligible to participate in the **OilerWELL** wellness program. Enrollment is available during the first month of eligibility and annually in November during **OilerWELL** screening. Enrollment in the plan is voluntary and includes agreement to participate according to the following policies.

Enrollment: Enrollment includes providing a health history, biometrics, blood tests, and an online health risk assessment. Maintaining enrollment requires compliance with current published preventative care guidelines as well as any necessary follow up.

Benefit: Employees and Spouses who choose to participate in **OilerWELL** will receive a **\$25 Health Saver** monthly discount on their insurance premiums. Choosing to focus on wellness will result in improved health for participants and a cost saving to the University. This cost saving is then shared with OilerWELL participants through Health Saver discount.

Follow Up: Employees and Spouses may be identified for ongoing follow up based on the following:

- Lab results
- Health history
- Wellness score
- Risk factors

These employees and spouses are required to meet with the Wellness Coordinator for ongoing monitoring related to the identified risk. Failure to comply with ongoing monitoring will result in loss of the Health Saver discount. Missing scheduled appointments without prior notification to **OilerWELL** constitutes failure to comply.

Audit:

Compliance audits are performed three times a year to verify that participants have completed **OilerWELL** preventative screenings and immunizations. Participants give consent for audits when they enroll in **OilerWELL**. Documentation of preventative screenings/immunizations will be required for validation and to maintain the Health Saver Discount.