



SAFETY NEWS

The Oiler Student Section of ASSE @ UF

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ESOH Alumni Golf Outing Planning Begins!

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Leading Safety

Aaron Munoz, Limbach Construction, joined us last month and discussed how manager behaviors and leadership styles effect safety buy in. He shared some great videos to share examples of how leaders can make all the difference in gaining buy-in to a safety culture. Aaron brought pizza too!

Our ASSE section is planning the 1st Annual Alumni Golf Outing fundraising event and we'll need everyone's help! We have set the date for October 18, 2015 and will be inviting key alumni to gain continued support of our ESOH program. Those of you interning will play a big part in helping to secure "corporate hole sponsors" to meet our fundraising goals and request "swag" or give-a-ways to those who are golfing. This day will be important to our program and students and will provide an awesome networking opportunity with potential hiring managers! Working the event is mandatory. [Mark your calendars!](#)

Why should I Join ASSE?

- * Resume Builder * Networking
- * Awesome Scholarships Available
- * Leadership Opportunities
- * Career Resources
- * Help Shape the Future
- * Professional Development
- * Access to Professional Safety Journals

Contact an Officer for more info!

Safety Corner

Ergonomics of Studying



Quick Tips to Avoid Physical Strain from Sitting

- * Sit up straight
- * Monitor should be approx. 20" away
- * Stand at your desk, if possible
- * Sit on a stability ball
- * Go for a walk every 50 minutes
- * Elevate your feet so your legs are in a 90 degree bend to floor

Spring 2015 ASSE Region VII Operating Committee Meeting is April 16th and 17th in Cleveland. Anyone interested should contact Jay Clinger.

What's Coming Up?

Join ASSE on 3/18 when we tour Wilson Sporting Goods Company and on 3/19 to hear Jason Bormuth, CSP, UF Alumni and Emergency Preparedness Coordinator at Marathon.

UF ASSE Student

Leadership

- President—Jay Clinger
- Vice President—Ed Deitrick
- Secretary — Katy Platek
- Treasurer—Cody Arkenberg
- Communications Officers — Heather Farrar & Taylor Seyfried